

9th Gulfcoast Orthopaedic Rehabilitation Conference

Ritz Carlton Sarasota, Saturday August 23rd, 2025



The Gulfcoast Orthopaedic Rehabilitation Conference is an event designed to bring orthopaedic surgeons, physical and occupational therapists together in an educational forum. Through a series of didactic lectures, leading area surgeons will discuss the treatment of various upper and lower extremity conditions, and the role physical and occupational therapy plays in the management of these disorders. Multiple panel discussions allow the therapists to interact with the surgeons, in an effort to have open question and answer sessions between sets of lectures. The course has been approved for seven Continuing Educational Units (7 CEU's) for all attending PTs, PTAs, OTs, and OTAs.

Course Directors

Derek Cuff, M.D.

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Participating Faculty

Joe Noah, M.D.

Suncoast Orthopaedic Institute

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Kennedy-White Orthopaedic Center

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Coastal Orthopedics

David Klein, M.D.

Kennedy-White Orthopaedic Center

Stephen Otte, M.D.

Coastal Orthopedics

Tracy Ng, D.O.

Advanced Orthopedic Center

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Coastal Orthopedics

Javier Guzman, M.D.

Suncoast Orthopaedic Institute

Jeff Silverstein, M.D.

360 Orthopedics

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David Chan, M.D.

Suncoast Orthopaedic Institute

Dan Lamar, M.D.

Coastal Orthopedics

Chris Sforzo, M.D.

Sforzo/Dillingham/Stewart Orthopedics+Sports Medicine

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August 23th, 2025

Agenda

7:00–7:45 am – Coffee, Assorted Teas

7:00-8:00 am - Course Registration and Sign In

8:00-8:05 am **Introductions and Acknowledgment of Industry Supporters** Derek Cuff, MD

SESSION I

8:05-8:20 Importance of the Surgeon-Therapist Relationship Derek Cuff, MD

8:20-8:35 Metacarpal Fractures of the Hand: How to manage David Chan, MD

8:35-8:50 Virtual Reality for Upper Extremity Rehabilitation David Klein, MD

8:50-9:05 Advancements in Shoulder Replacement: 2025 Update Derek Cuff, MD

9:05-9:25 Question and answer session regarding these topics

SESSION II

9:25-9:40 Distal Biceps and Triceps Tears: Surgical Treatment and Rehab Chris Sforzo, MD

9:40-9:55 Rotator Cuff Tears: How I Fix and Rehab Stephen Otte, MD

9:55-10:10 Proximal Humeral Fractures: Non-op and operative treatment Derek Cuff, MD

10:10-10:25 Question and answer session regarding these topics

SHORT REFRESHMENT BREAK- 10:25-10:40

SESSION III

10:40-10:55 Ankle Sprains: Where are we at in 2025? Patrick O’Neil, MD

10:55-11:10 Pediatric Spondylolysis: Treatment Options Eric Sundberg, MD

11:10-11:25 Articular Cartilage Injuries of the Knee: Treatment Options and Rehab Dan Lamar, MD

11:25-11:40 Robotic Technologies in Total Joint Replacement Joshua Greenspoon, MD

11:40-12:00 Question and answer session regarding these topics

LUNCH BUFFET- 12:10-1:00

SESSION IV

1:00-1:15 AI, Implantable and Wearable Tech after Total Joint Arthroplasty Ed Stolarski, MD

1:15-1:30 Outpatient Joint Replacement: My Keys to Success Sean Dingle, MD

1:30-1:45 Unicompartamental Knee Replacement: Indications and Rehab Jeff Silverstein, MD

1:45-2:10 Question and answer session regarding these topics

Session V

2:10-2:25	Hip Abductor Tendon Tears: How to Treat and Rehab
2:25-2:40	Foot Deformity: Treating Flat Feet and High Arches
2:40-2:55	Medial Meniscus Root Tears: Treatment and Rehab
2:55-3:15	Questions and answer session regarding these topics

Tracy Ng, DO
Javier Guzman, MD
Joe Noah, MD

FINAL REMARKS AND ADJOURN

Industry Sponsors

Course organized by:



For those entities wishing to be a sponsor for this course and listed as one of our supporters, please reach out to Amber Harris at aharris@sossm.net





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