



## FOOT AND ANKLE POSTOPERATIVE PAIN PROTOCOL AND DVT PROPHYLAXIS

	Medication	Dose	Frequency	Length
DVT PPX	Aspirin	81mg	BID	30 days or as specified by surgeon

Medication	Dose	Frequency	Length/instruction
Oxycodone	5-10mg	Every 6 hours PRN	May reduce use as soon as reasonably possible
Tylenol/ Acetaminophen	500mg	Every 6 hours scheduled	4 days. May continue if persistent pain. Do not exceed 3.5 grams daily.
Celebrex	200mg	Every 12 hours	5 days total. (Do not take if hx of GI bleed or gastric ulcers or hx of coronary artery disease)
Pregabalin/ Lyrica	75mg	Every 12 hours	5 days total. (Discontinue if unable to tolerate)

**Note:** Everyone is unique, and the above protocol may be modified depending on patient factors, current medications, or surgical procedure.