

# 9<sup>th</sup> Gulfcoast Orthopaedic Rehabilitation Conference

Ritz Carlton Sarasota, Saturday August 23<sup>rd</sup>, 2025



The Gulfcoast Orthopaedic Rehabilitation Conference is an event designed to bring orthopaedic surgeons, physical and occupational therapists together in an educational forum. Through a series of didactic lectures, leading area surgeons will discuss the treatment of various upper and lower extremity conditions, and the role physical and occupational therapy plays in the management of these disorders. Multiple panel discussions allow the therapists to interact with the surgeons, in an effort to have open question and answer sessions between sets of lectures. The course has been submitted for approval for seven Continuing Educational Units (7 CEU's) for all attending PTs, PTAs, OTs, and OTAs.

## Course Directors

**Derek Cuff, M.D.**

Suncoast Orthopaedic Institute

Website: [www.suncoastshoulder-elbow.com](http://www.suncoastshoulder-elbow.com)

Email: [dcuff001@hotmail.com](mailto:dcuff001@hotmail.com)

Office: 941-485-1505

## Participating Faculty

**Joe Noah, M.D.**

Suncoast Orthopaedic Institute

**Sean Dingle, M.D.**

Kennedy-White Orthopaedic Center

**Eric Sundberg, M.D.**

Coastal Orthopedics

**David Klein, M.D.**

Kennedy-White Orthopaedic Center

**Stephen Otte, M.D.**

Coastal Orthopedics

**Tracy Ng, D.O.**

Advanced Orthopedic Center

**Patrick O'Neil, M.D.**

Kennedy-White Orthopedic Center

**Joshua Greenspoon, M.D.**

Coastal Orthopedics

**Javier Guzman, M.D.**

Suncoast Orthopaedic Institute

**Jeff Silverstein, M.D.**

360 Orthopedics

**Ed Stolarski, M.D.**

Kennedy-White Orthopaedic Center

**David Chan, M.D.**

Suncoast Orthopaedic Institute

**Dan Lamar, M.D.**

Coastal Orthopedics

**Chris Sforzo, M.D.**

Sforzo/Dillingham/Stewart Orthopedics+Sports Medicine

# 9th Gulfcoast Orthopaedic Rehabilitation Conference

## August 23<sup>th</sup>, 2025

### Agenda

7:00–7:45 am – Coffee, Assorted Teas

7:00-8:00 am - Course Registration and Sign In

8:00-8:05 am **Introductions and Acknowledgment of Industry Supporters** Derek Cuff, MD

#### SESSION I

8:05-8:20 Importance of the Surgeon-Therapist Relationship Derek Cuff, MD

8:20-8:35 Metacarpal Fractures of the Hand: How to manage David Chan, MD

8:35-8:50 Virtual Reality for Upper Extremity Rehabilitation David Klein, MD

8:50-9:05 Advancements in Shoulder Replacement: 2025 Update Derek Cuff, MD

9:05-9:25 Question and answer session regarding these topics

#### SESSION II

9:25-9:40 Distal Biceps and Triceps Tears: Surgical Treatment and Rehab Chris Sforzo, MD

9:40-9:55 Rotator Cuff Tears: How I Fix and Rehab Stephen Otte, MD

9:55-10:10 Proximal Humeral Fractures: Non-op and operative treatment Derek Cuff, MD

10:10-10:25 Question and answer session regarding these topics

**SHORT REFRESHMENT BREAK- 10:25-10:40**

#### SESSION III

10:40-10:55 Ankle Sprains: Where are we at in 2025? Patrick O’Neil, MD

10:55-11:10 Pediatric Spondylolysis: Treatment Options Eric Sundberg, MD

11:10-11:25 Articular Cartilage Injuries of the Knee: Treatment Options and Rehab Dan Lamar, MD

11:25-11:40 Robotic Technologies in Total Joint Replacement Joshua Greenspoon, MD

11:40-12:00 Question and answer session regarding these topics

**LUNCH BUFFET- 12:10-1:00**

#### SESSION IV

1:00-1:15 AI, Implantable and Wearable Tech after Total Joint Arthroplasty Ed Stolarski, MD

1:15-1:30 Outpatient Joint Replacement: My Keys to Success Sean Dingle, MD

1:30-1:45 Unicompartamental Knee Replacement: Indications and Rehab Jeff Silverstein, MD

1:45-2:10 Question and answer session regarding these topics

## Session V

2:10-2:25	Hip Abductor Tendon Tears: How to Treat and Rehab	Tracy Ng, DO
2:25-2:40	Foot Deformity: Treating Flat Feet and High Arches	Javier Guzman, MD
2:40-2:55	Medial Meniscus Root Tears: Treatment and Rehab	Joe Noah, MD
2:55-3:15	Questions and answer session regarding these topics	

## FINAL REMARKS AND ADJOURN

## Industry Sponsors

Course organized by:



For those entities wishing to be a sponsor for this course and listed as one of our supporters, please reach out to Amber Harris at [aharris@sossm.net](mailto:aharris@sossm.net)

## DISCLOSURE

To ensure balance, independence, objectivity and scientific rigor in all sponsored educational activities, all participating speakers, course directors and planning committee members are required to disclose to the program audience any financial relationships related to the subject matter of this program. Relationships of spouse/partner with proprietary entities producing health care goods or services should be disclosed if they are of a nature that may influence the objectivity of the individual able to control the content of the program. Specific disclosure information for each speaker, course director and planning committee member will be shared with the audience prior to the speaker's presentation.