

9th Gulfcoast Orthopaedic Rehabilitation Conference

Ritz Carlton Sarasota, Saturday August 23rd, 2025



The Gulfcoast Orthopaedic Rehabilitation Conference is an event designed to bring orthopaedic surgeons, physical and occupational therapists together in an educational forum. Through a series of didactic lectures, leading area surgeons will discuss the treatment of various upper and lower extremity conditions, and the role physical and occupational therapy plays in the management of these disorders. Multiple panel discussions allow the therapists to interact with the surgeons, in an effort to have open question and answer sessions between sets of lectures. The course has been submitted for approval for seven Continuing Educational Units (7 CEU's) for all attending PTs, PTAs, OTs, and OTAs.

Course Directors

Derek Cuff, M.D.

Suncoast Orthopaedic Institute

Website: www.suncoastshoulder-elbow.com

Email: dcuff001@hotmail.com

Office: 941-485-1505

Participating Faculty

Joe Noah, M.D.

Suncoast Orthopaedic Institute

Sean Dingle, M.D.

Kennedy-White Orthopaedic Center

Eric Sundberg, M.D.

Coastal Orthopedics

David Klein, M.D.

Kennedy-White Orthopaedic Center

Stephen Otte, M.D.

Coastal Orthopedics

Tracy Ng, D.O.

Advanced Orthopedic Center

Patrick O'Neil, M.D.

Kennedy-White Orthopedic Center

Joshua Greenspoon, M.D.

Coastal Orthopedics

Javier Guzman, M.D.

Suncoast Orthopaedic Institute

Jeff Silverstein, M.D.

360 Orthopedics

Ed Stolarski, M.D.

Kennedy-White Orthopaedic Center

David Chan, M.D.

Suncoast Orthopaedic Institute

Dan Lamar, M.D.

Coastal Orthopedics

Chris Sforzo, M.D.

Sforzo/Dillingham/Stewart Orthopedics+Sports Medicine

9th Gulfcoast Orthopaedic Rehabilitation Conference

August 23th, 2025

Agenda

7:00–7:45 am – Coffee, Assorted Teas

7:00-8:00 am - Course Registration and Sign In

8:00-8:05 am Introductions and Acknowledgment of Industry Supporters Derek Cuff, MD

SESSION I

8:05-8:20	Importance of the Surgeon-Therapist Relationship	Derek Cuff, MD
8:20-8:35	Metacarpal Fractures of the Hand: How to manage	David Chan, MD
8:35-8:50	Virtual Reality for Upper Extremity Rehabilitation	David Klein, MD
8:50-9:05	Advancements in Shoulder Replacement: 2025 Update	Derek Cuff, MD

9:05-9:25 Question and answer session regarding these topics

SESSION II

9:25-9:40	Distal Biceps and Triceps Tears: Surgical Treatment and Rehab	Chris Sforzo, MD
9:40-9:55	Rotator Cuff Tears: How I Fix and Rehab	Stephen Otte, MD
9:55-10:10	Proximal Humeral Fractures: Non-op and operative treatment	Derek Cuff, MD

10:10-10:25 Question and answer session regarding these topics

SHORT REFRESHMENT BREAK- 10:25-10:40

SESSION III

10:40-10:55	Ankle Sprains: Where are we at in 2025?	Patrick O’Neil, MD
10:55-11:10	Pediatric Spondylolysis: Treatment Options	Eric Sundberg, MD
11:10-11:25	Articular Cartilage Injuries of the Knee: Treatment Options and Rehab	Dan Lamar, MD
11:25-11:40	Robotic Technologies in Total Joint Replacement	Joshua Greenspoon, MD

11:40-12:00 Question and answer session regarding these topics

LUNCH BUFFET- 12:10-1:00

SESSION IV

1:00-1:15	AI, Implantable and Wearable Tech after Total Joint Arthroplasty	Ed Stolarski, MD
1:15-1:30	Outpatient Joint Replacement: My Keys to Success	Sean Dingle, MD
1:30-1:45	Unicompartmental Knee Replacement: Indications and Rehab	Jeff Silverstein, MD

1:45-2:10 Question and answer session regarding these topics

Session V

2:10-2:25	Hip Abductor Tendon Tears: How to Treat and Rehab	Tracy Ng, DO
2:25-2:40	Foot Deformity: Treating Flat Feet and High Arches	Javier Guzman, MD
2:40-2:55	Medial Meniscus Root Tears: Treatment and Rehab	Joe Noah, MD
2:55-3:15	Questions and answer session regarding these topics	

FINAL REMARKS AND ADJOURN

Industry Sponsors

Course organized by:



For those entities wishing to be a sponsor for this course and listed as one of our supporters, please reach out to Amber Harris at aharris@sossm.net



DISCLOSURE

To ensure balance, independence, objectivity and scientific rigor in all sponsored educational activities, all participating speakers, course directors and planning committee members are required to disclose to the program audience any financial relationships related to the subject matter of this program. Relationships of spouse/partner with proprietary entities producing health care goods or services

should be disclosed if they are of a nature that may influence the objectivity of the individual able to control the content of the program. Specific disclosure information for each speaker, course director and planning committee member will be shared with the audience prior to the speaker's presentation.