

8th Gulfcoast Orthopaedic Rehabilitation Conference

Ritz Carlton Sarasota, Saturday August 24th, 2024



The Gulfcoast Orthopaedic Rehabilitation Conference is an event designed to bring orthopaedic surgeons, physical and occupational therapists together in an educational forum. Through a series of didactic lectures, leading area surgeons will discuss the treatment of various upper and lower extremity conditions and the role physical and occupational therapy plays in the management of these disorders. Multiple panel discussions allow for the therapists to interact with the surgeons, in an effort to have open question and answer sessions between sets of lectures. The goal of this course to provide continuing education for physical and occupational therapists and Continuing Educational Units (7 CEU's) can be claimed by those therapists attending this conference.

Course Directors

Derek Cuff, M.D.

Suncoast Orthopaedic Institute

Website: www.suncoastshoulder-elbow.com

Email: dcuff001@hotmail.com

Office: 941-485-1505

Assistant Director:

David Brown, DSC, MA, PT

Participating Faculty

Joe Noah, M.D.

Suncoast Orthopaedic Institute

Sean Dingle, M.D.

Kennedy-White Orthopaedic Center

Eric Sundberg, M.D.

Coastal Orthopedics

David Klein, M.D.

Kennedy-White Orthopaedic Center

Michael Moustoukas, M.D.

Kennedy-White Orthopaedic Center

Tracy Ng, D.O.

Advance Orthopedic Center

Patrick O'Neil, M.D.

Kennedy-White Orthopaedic Center

Joshua Greenspoon, M.D.

Coastal Orthopedics

Javier Guzman, M.D.

Suncoast Orthopaedic Institute

Jeff Silverstein, M.D.

360 Orthopedics

Ed Stolarski, M.D.

Kennedy-White Orthopaedic Center

David Chan, M.D.

Suncoast Orthopaedic Institute

Dan Lamar, M.D.

Coastal Orthopaedics

8th Gulfcoast Orthopaedic Rehabilitation Conference

August 24th, 2024

Agenda

7:00–7:45 am – Coffee, Assorted Teas

7:00-8:00 am - Course Registration and Sign In

8:00-8:05 am **Introductions and Acknowledgment of Industry Supporters** Derek Cuff, MD

SESSION I

8:05-8:20 Importance of the Surgeon-Therapist Relationship Derek Cuff, MD

8:20-8:35 Compressive Neuropathies of the Hand David Chan, MD

8:35-8:50 Nonop and Operative Treatment of the Stiff Elbow David Klein, MD

8:50-9:05 Complex Shoulder Cases: Important Pearls for Rehab Derek Cuff, MD

9:05-9:25 Question and answer session regarding these topics

SESSION II

9:25-9:40 Rotator Cuff Tears: How to Fix and Rehab Michael Moustoukas, MD

9:40-9:55 Hand Fractures: Surgical Treatment and Therapy David Chan, MD

9:55-10:10 Shoulder Instability: Treatment from Young to Old Derek Cuff, MD

10:10-10:25 Question and answer session regarding these topics

SHORT REFRESHMENT BREAK- 10:25-10:40

SESSION III

10:40-10:55 Ankle Fractures: How I Fix Them and How to Rehab Patrick O’Neil, MD

10:55--11:10 Advancements in Spinal Treatment: Endoscopic Spine Surgery Eric Sundberg, MD

11:10-11:25 Meniscal Pathology: Repair and Rehab Dan Lamar, MD

11:25-11:40 Surgical Approaches to the Hip Joshua Greenspoon, MD

11:40-12:00 Question and answer session regarding these topics

LUNCH BUFFET- 12:10-1:00

SESSION IV

1:00-1:15 New Technologies in Total Joint Replacement Ed Stolarski, MD

1:15-1:30 Difficult Total Knee Replacements: Challenges in Recovery Sean Dingle, MD

1:30-1:45 Hip Fractures: Fixing them and How to Rehab Jeff Silverstein, MD

1:45-2:10 Question and answer session regarding these topics

Session V

2:10-2:25	ACL Injuries in the Female Athlete: Why they occur and how I fix them	Tracy Ng, DO
2:25-2:40	Achilles Tendon Disorders	Javier Guzman, MD
2:40-2:55	Patellofemoral Instability: How to treat and Rehab	Joe Noah, MD
2:55-3:15	Questions and answer session regarding these topics	

FINAL REMARKS AND ADJOURN

Industry Sponsors

Course organized by:



For those entities wishing to be a sponsor for this course and listed as one of our supporters, please reach out to Amber Harris at aharris@sossm.net

Thank you to our current industry sponsors:





Doctors Same Day
Surgery Center



Surgery Center
At St. Andrews
"An Experience in Quality"





DISCLOSURE

To ensure balance, independence, objectivity and scientific rigor in all sponsored educational activities, all participating speakers, course directors and planning committee members are required to disclose to the program audience any financial relationships related to the subject matter of this program. Relationships of spouse/partner with proprietary entities producing health care goods or services should be disclosed if they are of a nature that may influence the objectivity of the individual able to control the content of the program. Specific disclosure information for each speaker, course director and planning committee member will be shared with the audience prior to the speaker's presentation.