

# 8<sup>th</sup> Gulfcoast Orthopaedic Rehabilitation Conference

Ritz Carlton Sarasota, Saturday August 24<sup>th</sup>, 2024



The Gulfcoast Orthopaedic Rehabilitation Conference is an event designed to bring orthopaedic surgeons, physical and occupational therapists together in an educational forum. Through a series of didactic lectures, leading area surgeons will discuss the treatment of various upper and lower extremity conditions and the role physical and occupational therapy plays in the management of these disorders. Multiple panel discussions allow for the therapists to interact with the surgeons, in an effort to have open question and answer sessions between sets of lectures. The goal of this course to provide continuing education for physical and occupational therapists and Continuing Educational Units (7 CEU's) can be claimed by those therapists attending this conference.

## Course Directors

**Derek Cuff, M.D.**

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## Participating Faculty

**Joe Noah, M.D.**

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**Sean Dingle, M.D.**

Kennedy-White Orthopaedic Center

**Eric Sundberg, M.D.**

Coastal Orthopedics

**David Klein, M.D.**

Kennedy-White Orthopaedic Center

**Michael Moustoukas, M.D.**

Kennedy-White Orthopaedic Center

**Paul Lento, M.D.**

360 Orthopedics

**Dan Lamar, M.D.**

Coastal Orthopedics

**Joshua Greenspoon, M.D.**

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**Ed Stolarski, M.D.**

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**David Chan, M.D.**

Suncoast Orthopaedic Institute

**Eric Sundberg, M.D.**

Coastal Orthopedics

**Patrick O'Neil, M.D.**

Kennedy-White Orthopaedic Center

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## August 24<sup>th</sup>, 2024

### Agenda

7:00–7:45 am – Coffee, Assorted Teas

7:00-8:00 am - Course Registration and Sign In

8:00-8:05 am Introductions and Acknowledgment of Industry Supporters Derek Cuff, MD

#### SESSION I

8:05-8:20 Importance of the Surgeon-Therapist Relationship Derek Cuff, MD

8:20-8:35 Compressive Neuropathies of the Hand David Chan, MD

8:35-8:50 Nonop and Operative Treatment of the Stiff Elbow David Klein, MD

8:50-9:05 Complex Shoulder Cases: Important Pearls for Rehab Derek Cuff, MD

9:05-9:25 Question and answer session regarding these topics

#### SESSION II

9:25-9:40 Rotator Cuff Tears: How to Fix and Rehab Michael Moustoukas, MD

9:40-9:55 Hand Fractures: Surgical Treatment and Therapy David Chan, MD

9:55-10:10 Shoulder Instability: Treatment from Young to Old Derek Cuff, MD

10:10-10:25 Question and answer session regarding these topics

**SHORT REFRESHMENT BREAK- 10:25-10:40**

#### SESSION III

10:40-10:55 Ankle Fractures: How I Fix Them and How to Rehab Patrick O’Neil, MD

10:55–11:10 Advancements in Spinal Treatment: Endoscopic Spine Surgery Eric Sundberg, MD

11:10-11:25 Meniscal Pathology: Repair and Rehab Dan Lamar, MD

11:25-11:40 Surgical Approaches to the Hip Joshua Greenspoon, MD

11:40-12:00 Question and answer session regarding these topics

**LUNCH BUFFET- 12:10-1:00**

#### SESSION IV

1:00-1:15 New Technologies in Total Joint Replacement Ed Stolarski, MD

1:15-1:30 Difficult Total Knee Replacements: Challenges in Recovery Sean Dingle, MD

1:30-1:45 Hip Fractures: Fixing them and How to Rehab Jeff Silverstein, MD

1:45-2:10 Question and answer session regarding these topics

## Session V

2:10-2:25	Overuse Lateral Elbow Pain: Where are we at in 2024?	Paul Lento, MD
2:25-2:40	Achilles Tendon Disorders	Javier Guzman, MD
2:40-2:55	Patellofemoral Instability: How to treat and Rehab	Joe Noah, MD
2:55-3:15	Questions and answer session regarding these topics	

## FINAL REMARKS AND ADJOURN

## Industry Sponsors

Course organized by:



For those entities wishing to be a sponsor for this course and listed as one of our supporters, please reach out to Amber Harris at [aharris@sossm.net](mailto:aharris@sossm.net)

Thank you to our current industry sponsors:





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To ensure balance, independence, objectivity and scientific rigor in all sponsored educational activities, all participating speakers, course directors and planning committee members are required to disclose to the program audience any financial relationships related to the subject matter of this program. Relationships of spouse/partner with proprietary entities producing health care goods or services should be disclosed if they are of a nature that may influence the objectivity of the individual able to control the content of the program. Specific disclosure information for each speaker, course director and planning committee member will be shared with the audience prior to the speaker's presentation.