

ABOUT THE FACULTY

Course Director- Derek Cuff, M.D.

Dr. Cuff joined his partners at Suncoast Orthopaedic Surgery and Sports Medicine in 2007 with a subspecialty interest in shoulder and elbow surgery. Dr. Cuff specializes in performing minimally invasive arthroscopic procedures as well as complex shoulder and elbow reconstruction.

In 2012 Dr. Cuff was invited to join the prestigious American Shoulder & Elbow Surgeons (ASES) society. This organization is comprised of the leading national and international orthopaedic surgeons specializing in surgery of the shoulder and elbow. Admission into the ASES society is by nomination only and based on sustained academic and research contributions to the field of shoulder and elbow surgery. Dr. Cuff is one of a small group of surgeons in the state of Florida to be elected to this society and given this honor, and he is one of the only surgeons in Sarasota, Manatee, Charlotte, Lee or Collier counties to achieve Active Member status in this organization. Dr. Cuff has a strong interest in clinical and basic science research of the shoulder and elbow. He has published multiple articles in peer reviewed international journals on these topics. Dr. Cuff has received several research awards for his work in this field including the prestigious Charles Neer Award which was presented to him in 2011 by the American Shoulder and Elbow Surgeons for outstanding clinical research.

Dr. Cuff graduated Cum Laude from the University Of Maryland School Of Medicine. He completed his orthopaedic residency in Baltimore, MD at the University of Maryland Medical System, and a portion of his training was also at the Johns Hopkins Hospital. He went on to complete subspecialty fellowship training in shoulder and elbow surgery in Tampa, FL at The Florida Orthopaedic Institute prior to moving to the Sarasota area.

Course Faculty:

David Chan, M.D.- Dr. Chan is a fellowship trained, Board Certified Orthopaedic hand surgeon. Prior to attending medical school at the University of Florida, Dr. Chan practiced as a Senior Physical Therapist at the University of Miami / Jackson Memorial Medical Center for 5 years. It was there rehabilitating victims of head trauma and spinal cord injured quadriplegics that he learned the importance of hand function for independence and quality of life. He went on to complete a hand surgery fellowship at the prestigious Philadelphia Hand Center / Thomas Jefferson University Hospital. Dr. Chan practices at the Suncoast Orthopaedic Institute

Sean Dingle, M.D.- After growing up in South Florida, Dr. Dingle attended the University of Florida for his undergraduate education. While there, he earned a B.S. degree in Zoology and was elected to the Phi Kappa Phi Honor Society. He later earned his medical degree from the University Of South Florida College Of Medicine where he was elected to the prestigious Alpha Omega Alpha Honor Medical Society. Dr. Dingle completed his internship and Orthopaedic residency at Orlando Regional Healthcare System. During his Chief Residency year he was selected Resident of the Year from all residents in all specialties. Dr. Dingle is now a clinical professor for the Florida State University Medical School and participates in the education of third and fourth year medical students. He is a Board Certified Orthopaedic Surgeon, and a Fellow of The American Association of Orthopaedic Surgeons. He is also a diplomate of the American Board of Orthopaedic Surgery and a member of the American Association of Hip and Knee Surgeons. Dr. Dingle currently practices at Kennedy-White Orthopaedic Center.

Stephen Helgemo, M.D.- Dr. Helgemo received his MD from Johns Hopkins University where he also completed an Orthopedic Surgery Residency. He limits his practice at Florida Hand Center to conditions affecting the arm, wrist and hands, allowing him to become an expert in this area. His hand surgery fellowship was done at the prestigious Union Memorial Hospital, named the "National Center for the Treatment of the Upper Extremity" by the United States Congress. Dr. Helgemo is an active member of the American Society of Surgery of the Hand and the American Academy of Orthopaedic Surgeons.

Michael Moustoukas, M.D.- Dr. Moustoukas is a fellowship trained-orthopedic surgeon who specializes in treating the hand, wrist, elbow and shoulder. He graduated from Vanderbilt University with a degree in Biomedical Engineering. He received his Doctor of Medicine from the Tulane University School of Medicine in New Orleans. He then completed his orthopedic surgery residency at Baylor College of Medicine within the Texas Medical Center. Following his residency training, Dr. Moustoukas then completed a Hand, Upper Extremity and Microvascular fellowship at the University of Alabama – Birmingham. He currently practices at Kennedy-White Orthopaedic Center.

Joe Noah, M.D.- Dr. Noah is a fellowship trained orthopaedist specializing in sports medicine. He completed his medical school training at NYU and went on to do his residency training in New York City at the Bellevue Medical Center affiliated with NYU. Dr. Noah then completed his sports medicine fellowship training in Kansas City, MO., and he currently specializes in sports-related injuries to the upper and lower extremity as well as hip and knee arthroplasty. Dr. Noah currently practices at Suncoast Orthopaedic Surgery and Sports Medicine.

Patrick O'Neil, M.D.- Dr. O'Neil is a fellowship trained foot and ankle surgeon. His fellowship in foot and ankle was completed at the Johns Hopkins/Union Memorial Hospital program in Baltimore, MD,

where he studied with nationally and internationally renowned surgeons. His medical school and orthopaedic training were performed at the Johns Hopkins Hospital, Union Memorial Hospital, and University of Maryland Shock Trauma Center in Baltimore, MD. He received his undergraduate degree in Bioengineering from Syracuse University. Dr. O'Neil currently practices at Kennedy-White Orthopaedic Center.

Jeff Silverstein, M.D.- He is originally from West Virginia, where he received his medical degree from West Virginia University. Dr. Silverstein completed his orthopedic surgery residency in 2011 at the University of Illinois in Chicago, followed by an additional one year fellowship in hip and knee replacement surgery with the Florida Orthopedic Institute in Tampa. Dr. Silverstein specializes in hip and knee reconstruction and currently practices at Sarasota Orthopaedic Associates.

Stephen Otte, M.D.- Dr. Otte is a fellowship-trained orthopedic surgeon who specializes in shoulder and elbow. He completed his Bachelor of Science degree and received his Doctorate of Medicine at the University of Nebraska before completing his Orthopedic Surgery Residency at Spectrum Health through Michigan State University. Following residency, he went on to complete a fellowship in shoulder and elbow surgery at the prestigious Midwest Orthopaedics at RUSH in Chicago, Illinois. With a focus on shoulder and elbow pathology, Dr. Otte sees patients of all ages, treating conditions such as rotator cuff injuries, arthritis of the shoulder and elbow, rotator cuff tear arthropathy, shoulder instability, labral tears, biceps tendonitis, medial/lateral epicondylitis, as well as fractures of the shoulder and elbow. Dr. Otte has a specific interest in complex rotator cuff management and joint replacement of the shoulder. Dr. Otte currently practices at Coastal Orthopedics.

Ed Stolarski, M.D.- Dr. Stolarski is a Board-Certified Orthopaedic Surgeon with advanced training and interest in minimally invasive hip and knee replacements as well as complex revisions. Dr. Stolarski completed his ACGME accredited Adult Reconstruction Fellowship at the University of Pennsylvania. He previously practiced at the Cleveland Clinic where he played a large role in the development of their joint program. Dr. Stolarski is an industry leader and developer of new approaches to joint replacement allowing quicker rehabilitation and shorter hospital stays. His interest in research and the advancement of the treatment of arthritis keeps abreast of new developments such as computer/image guided joint replacement systems. He has published articles and textbook chapters in the orthopaedic literature. Dr. Stolarski currently practices at the Kennedy-White Orthopaedic Center.

Eric Sundberg, M.D.- Dr. Eric Sundberg is a board certified, fellowship trained orthopedic surgeon specializing in surgery of the spine, degenerative spinal conditions and deformities including scoliosis and kyphosis. He is trained in minimally invasive procedures and techniques. Dr. Sundberg graduated Summa

Cum Laude from California State University in Long Beach and completed Medical School and a five-year Orthopedic Surgery Residency at Stanford University. Dr. Sundberg focuses his practice on treating patients with back and neck problems that may be the result of degenerative conditions or spinal deformities. Dr. Sundberg practices at Coastal Orthopedics in Bradenton.

Paul Lento, M.D.- Dr. Lento received his medical degree from Temple University in Philadelphia and began serving as a Medical Officer in the United States Navy at Pensacola Naval Hospital where he was selected Intern of the Year. He returned to Philadelphia to complete his residency in Physical Medicine and Rehabilitation (PM&R). The following year, he completed a fellowship in sports and non-operative spine rehabilitation at the Rehabilitation Institute of Chicago. After several years of training medical students, residents, and fellows, he returned to Philadelphia as an Associate Professor at Temple University Medical School working alongside Orthopedic Surgeons in the Sports Medicine Department. Dr. Lento then moved to the Sarasota area and currently practices at Sarasota Orthopaedic Associates.

Arthur Valadie, M.D.- Dr. Arthur Valadie is a board-certified orthopedic surgeon who specializes in sports medicine, arthroscopy, and knee & shoulder reconstruction. He obtained a fellowship in orthopedic sports medicine from the world-renown Kerlan-Jobe Orthopaedic Clinic in Los Angeles. Dr. Valadie treats patients of all ages with special interest in athletic injuries in both the young and aging athletes. Dr. Valadie is the Physician President of Coastal Orthopedics Sports Medicine & Pain Management. He also serves as the sports medicine physician to the Pittsburgh Pirates, U.S. Soccer Team, IMG Academy, and State College of Florida. Dr. Valadie is the managing partner at Coastal Orthopedics.

Javier Guzman, M.D.- Dr. Guzman is a fellowship trained Orthopaedic Foot and Ankle Reconstructive surgeon. He is a native of South West Florida, and grew up in Charlotte County. He specializes in state of the art and proven treatments for conditions such as ankle arthritis, fractures, tendon and ligament injuries, flat feet, complex foot deformities, as well as sports related injuries such as Achilles tendon ruptures, ankle sprains, and stress fractures. He is also trained in minimally invasive techniques for conditions such as hallux valgus(bunion) correction. He has published numerous peer reviewed articles on conditions of the foot and ankle as well as other conditions in orthopedic surgery. He is fluent in English and Spanish. He completed his medical training at Icahn School of Medicine, Mt Sinai, New York City, NY, where he graduated with distinction in Research. Following medical school, he completed his Orthopaedic surgery residency at Mt Sinai, and then completed his fellowship at the prestigious Institute for Foot and Ankle Reconstruction at Mercy Medical Center in Baltimore, Maryland. Dr. Guzman currently practices at the Suncoast Orthopaedic Institute.

