

7th Gulfcoast Orthopaedic Rehabilitation Conference

Westin Hotel Sarasota, Saturday August 26th, 2023



The Gulfcoast Orthopaedic Rehabilitation Conference is an event designed to bring orthopaedic surgeons, physical and occupational therapists together in an educational forum. Through a series of didactic lectures, leading area surgeons will discuss the treatment of various upper and lower extremity conditions and the role physical and occupational therapy plays in the management of these disorders. Multiple panel discussions allow for the therapists to interact with the surgeons, in an effort to have open question and answer sessions between sets of lectures. The goal of this course to provide continuing education for physical and occupational therapists and Continuing Educational Units (8 CEU's) can be claimed by those therapists attending this conference.

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Coastal Orthopedics

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Agenda

7:00–7:45 am – Coffee, Assorted Teas

7:00-8:00 am - Course Registration and Sign In

8:00-8:05 am Introductions and Acknowledgment of Industry Supporters Derek Cuff, MD

SESSION I

8:05-8:20	Importance of the Surgeon-Therapist Relationship	Derek Cuff, MD
8:20-8:35	Distal Radius Surgery: Where are we in 2023?	David Chan, MD
8:35-8:50	A Practical Approach to the Aging Hand	Stephen Helgemo, MD
8:50-9:05	Advancements in Shoulder Replacement	Derek Cuff, MD
9:05-9:25	Question and answer session regarding these topics	

SESSION II

9:25-9:40	Elbow Fractures: Important of PT/OT to Avoid Stiffness	Michael Moustoukas, MD
9:40-9:55	Proximal Humeral Fractures: Indications and Rehab	Stephen Otte, MD
9:55-10:05	Rotator Cuff Repair: How to Rehab and Avoid Mistakes	Derek Cuff, MD
10:05-10:25	Question and answer session regarding these topics	

SHORT REFRESHMENT BREAK- 10:25-10:40

SESSION III

10:40-10:55	Achilles Tendon Tears: Indications and Rehab	Patrick O’Neil, MD
10:55–11:10	Sacroiliac Dysfunction: A Common Cause of Low Back Pain	Eric Sundberg, MD
11:10-11:25	ACL Reconstruction: Current Technique and Rehab	Dan Lamar, MD
11:25-11:40	Rapid Discharge Total Knee Arthroplasty	Arthur Valadie, MD
11:40-12:00	Question and answer session regarding these topics	

LUNCH BUFFET- 12:10-1:00

SESSION IV

1:00-1:15	Knee Stiffness after Total Knee Arthroplasty	Ed Stolarski, MD
1:15-1:30	Hip Instability after Total Hip: Is this Still an Issue?	Jeff Silverstein, MD
1:30-1:45	Outpatient Total Hip Arthroplasty	Sean Dingle, MD
1:45-2:10	Question and answer session regarding these topics	

Session V

2:10-2:25	MRI Findings in Asymptomatic Patients	Paul Lento, MD
2:25-2:40	Ankle Fusion vs. Ankle Replacement: Pros and Cons	Javier Guzman, MD
2:40-2:55	Robotic Total Knee Arthroplasty: Where are we at in 2023?	Joe Noah, MD
2:55-3:15	Questions and answer session regarding these topics	

FINAL REMARKS AND ADJOURN

Industry Sponsors

Course organized by:



For those entities wishing to be a sponsor for this course and listed as one of our supporters, please reach out to Dr. Cuff via email at dcuff001@hotmail.com

Thank you to our current industry sponsors:





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