

4th Annual Gulfcoast Orthopaedic Rehabilitation Conference

Hyatt Regency, Sarasota, FL, August 26th 2017



The Gulfcoast Orthopaedic Rehabilitation Conference is an event designed to bring orthopaedic surgeons, physical and occupational therapists together in an educational forum. Through a series of didactic lectures, leading area surgeons will discuss the treatment of various upper and lower extremity conditions and the role physical and occupational therapy plays in the management of these disorders. Multiple panel discussions allow for the therapists to interact with the surgeons in an effort to have open question and answer sessions between sets of lectures. The goal of this course to provide continuing education for physical and occupational therapists and Continuing Educational Units (CEU's) can be claimed by those therapists attending this conference.

Course Directors

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Coastal Orthopaedics

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Kennedy-White Orthopaedic Center

Michael Gordon, M.D.

Intercoastal Medical Group

David Klein, M.D.

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Paul Lento, M.D.

Sarasota Orthopaedic Associates

Arthur Valadie, M.D.

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Suncoast Orthopaedic Surgery and Sports Medicine

Alan Valadie, M.D.

Coastal Orthopaedics

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Agenda

7:00–7:30 am – Breakfast: Bagels, Coffee, Assorted Teas

7:30-8:10 am - Course Registration and Sign In

8:15-8:20 am - Introductions and Acknowledgment of Industry Supporters Derek Cuff, MD

SESSION I

8:20-8:35	The Surgeon-Therapist Relationship	Derek Cuff, MD
8:35-8:50	Wrist Arthritis Update: Treatment Options	David Chan, MD
8:50-9:05	Basal Joint Arthritis: Non-operative and operative options	Michael Gordon, MD
9:05-9:25	Question and answer session regarding these topics	

SESSION II

9:25-9:40	Dissecting the Alphabet Soup of Spine Surgery	Eric Sundberg, MD
9:40-9:55	Rotator Cuff Rehab: Therapy or Psychiatry?	Derek Cuff, MD
9:55-10:10	Upper Extremity Dystrophy: Causes and how to treat	David Klein, MD
10:10-10:30	Question and answer session regarding these topics	

SHORT REFRESHMENT BREAK- 10:30-10:50

SESSION III

10:50-11:05	Achilles Tendon Tears: Non-operative vs Operative Treatment	Patrick O'Neil, MD
11:05-11:20	Rehab after Shoulder Replacement: Mistakes to Avoid	Derek Cuff, MD
11:20-11:35	Meniscal Injury: Treatment options and Rehab	Dan Lamar, MD
11:35-11:50	Bundled Payment Programs: How they affect PT/OT	Arthur Valadie, MD
11:50-12:10	Question and answer session regarding these topics	

LUNCH BUFFET- 12:10-1:00

SESSION IV

1:00-1:15	Therapist Role after Outpatient Total Joint Surgery	Ed Stolarski, MD
1:15-1:30	Anterior Approach Total Hip: Surgical Technique and Rehab	Alan Valadie, MD
1:30-1:45	Rehab Mistakes after Total Hip or Knee Replacement	Sean Dingle, MD
1:45-2:00	Unicompartmental Total Knee: Indications and Rehab	Jeff Silverstein, MD

Session V

2:20-2:35 Nonsurgical Treatment of Hip Osteoarthritis
2:35-2:50 Rehab After ACL surgery
2:50-3:05 Early Rehab Goals after Hip Fracture Surgery

Paul Lento, MD
Joe Noah, MD
Trevor Born, MD

3:05-3:25 Questions and answer session regarding these topics

FINAL REMARKS AND ADJOURN- 3:30

Industry Sponsors

Course organized by:



Thank you to our industry sponsors:





Surgery Center at St. Andrews



DISCLOSURE

To ensure balance, independence, objectivity and scientific rigor in all sponsored educational activities, all participating speakers, course directors and planning committee members are required to disclose to the program audience any financial relationships related to the subject matter of this program. Relationships of spouse/partner with proprietary entities producing health care goods or services should be disclosed if they are of a nature that may influence the objectivity of the individual able to control the content of the program. Specific disclosure information for each speaker, course director and planning committee member will be shared with the audience prior to the speaker's presentation.

